

# Gluten Free Ingredients Menu

SERVED FROM 8:30AM - 11:30AM

WHEN ORDERING  
PLEASE LET A MEMBER  
OF STAFF KNOW YOU  
ARE ORDERING FROM  
THE GLUTEN-FREE  
INGREDIENTS  
MENU

## BREAKFAST

### GF HENDRA BIG BREAKFAST

2 pieces of bacon, 2 gluten free pork sausages, 2 eggs, 2 crispy hash browns, tomato, mushrooms and beans. Accompanied with gluten free white toast.

### GF TRADITIONAL HENDRA BREAKFAST

Delicious bacon, a gluten free pork sausage, fried egg, hash brown, beans, tomato, mushroom. Accompanied with gluten free white toast.

### GF VEGGIE BREAKFAST **V**

Plant based sausage, fried egg, hash brown, tomato, mushroom, smashed avo, & beans. Accompanied with gluten free white toast.

### GF THE FULL VEGAN **VG**

Plant based sausage, hash brown, tomato, mushroom, smashed avo, beans, asparagus & accompanied with gluten free white toast.

### GF KIDS BREAKFAST

Fried egg, baked beans, gluten free pork sausage with gluten free white toast.

### GF SMOKED SALMON & CREAM CHEESE

Smoked salmon, cream cheese, chives, cucumber & lemon on gluten free white toast.

### GF AVOCADO ON TOAST **VG**

Smashed avo, cherry tomatoes, spring onion, chilli flakes, balsamic glaze & rock salt.

Add fried egg **£1.25 V**

### GF SCRAMBLED EGGS ON TOAST **V**

### GF BEANS ON TOAST **VG**

Add cheese **V** for **£1.25**

Add vegan cheese **VG** for **£1.25**

## ALLERGENS

Although we have gluten free products, we cannot guarantee any dishes are completely gluten free as they are prepared and cooked in a gluten environment. Please let a member of staff know about allergen or dietary requirements when ordering.

## Bulk up your breakfast!

### GF BACON

### GF PORK SAUSAGE

### GF HASH BROWN **VG**

### GF FRIED EGG **V**

### GF PLANT BASED SAUSAGE **VG**

### GF WHITE TOAST **VG**

### GF AVOCADO **VG**

### GF BAKED BEANS **VG**

### GF MUSHROOM **VG**

### GF TOMATO **VG**

## BREAKFAST SWAPS

Unfortunately we cannot swap out any items from your breakfast, but feel free to add any extras.

## HOT DRINKS

### DOUBLE ESPRESSO

### AMERICANO

### LATTE

### CAPPUCCINO

### MOCHA

### FLAT WHITE

### ICED LATTE

### ICED MOCHA

### TEA POT

### TEA MUG

### HOT CHOCOLATE

### KIDS HOT CHOCOLATE

### BABYCCINO

### CHAI LATTE

### HONEY

### INFUSED TEA

Mao Feng green tea

Peppermint leaf tea

Superfruit tea

Earl grey tea

### SYRUPS

Caramel, Vanilla, Cinnamon,

Hazelnut, Honeycomb,

White Chocolate

# — Gluten Free Ingredients Menu —

## LUNCH MENU

SERVED FROM 12:00PM - 3:00PM

### GF JACKET POTATO WITH TUNA MAYO

Oven baked potato with coleslaw & salad garnish.

Add cheese **V**

Add vegan cheese **VG**

### GF JACKET POTATO WITH CHEESE & BEANS **V**

Oven baked potato with coleslaw & salad garnish.

Add cheese **V**

Add vegan cheese **VG**

### GF HOMEMADE ROASTED RED PEPPER & TOMATO SOUP **VG** | £5.95

### GF THE ALL-STAR BURGER

6oz beef burger, bacon, red onion marmalade, Monterey Jack cheese, lettuce, BBQ sauce, coleslaw, & chips.

### GF THE CLASSIC BURGER

6oz beef burger, pickles, lettuce, red onion, coleslaw & chips. Side of garlic aioli.

## EVENING MENU

SERVED FROM 3:00PM - LATE

### GF VEGAN NACHOS **VG**

Vegan cheese, tomato salsa, cherry tomatoes, black beans, red-drop peppers, avo, vegan sour cream, lime, scallion & tortilla chips.

### GF THE ALL-STAR BURGER

6oz beef burger, bacon, red onion marmalade, Monterey Jack cheese, lettuce, BBQ sauce, coleslaw, & chips.

### GF THE CLASSIC BURGER

6oz beef burger, pickles, lettuce, red onion, coleslaw & chips. Side of garlic aioli.

### GF CHICKEN TIKKA MASALA

Chicken tikka masala, basmati rice or chips, lime & coriander.

### GF SEA BASS FILLET

Sea bass fillet, herbed new potatoes, tenderstem broccoli, asparagus, lemon & tarragon butter & fried capers.

### GF CAULIFLOWER, PINEAPPLE & COCONUT CURRY **VG**

Spinach, mango chutney, basmati rice, & lime.

### GF BURRITO BOWL **VG**

Fajita black beans, sweetcorn, red-drop peppers, salsa, shredded gem lettuce, cilantro, rice, guacamole & vegan sour cream.

### GF PULLED BRISKET NACHOS

Pulled brisket, cheese, salsa, jalapeno, red-drop peppers, sour cream, avo, lime, spring onion & tortilla chips

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## KIDS MENU

### GF TOMATO & BASIL PASTA **VG**

Add cheese **V** for £1.25  
Add vegan cheese **VG** for £1.25

### GF KIDS BEEF BURGER & CHIPS

With a choice of peas, beans or sweetcorn.

### GF SAUSAGE & CHIPS

With a choice of peas, beans or sweetcorn.

Vegan option available **VG**

## SIDES

GF GARDEN PEAS **VG**

GF CHIPS **VG**

GF CHEESY CHIPS **V**

GF SWEET  
POTATO FRIES **VG**

GF SIDE SALAD **VG**

GF COLESLAW **V**

GF SIDE OF RICE **VG**

GF SWEETCORN **V**

## DESSERTS

### GF CHOCOLATE TORTE **VG**

Chocolate truffle brownie  
torte with vegan vanilla ice cream.

### GF KIDS ICE CREAM BOWL **V**

Two scoop choice of vanilla, bubblegum or  
chocolate ice cream with cream, sprinkles  
and chocolate sauce.

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**V** - Vegetarian  
**VG** - Vegan

**GF** - Gluten Free

